# Full Report (All Nutrients) 45110342, MICHELINA'S, TERIYAKI CHICKEN, UPC: 717854151504

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Report Date: June 19, 2017 17:04 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227g	1 Value Per100 g
Proximates					
Energy	kcal			311	137
Protein	g			11.01	4.85
Total lipid (fat)	g			3.00	1.32
Carbohydrate, by difference	g			60.00	26.43
Fiber, total dietary	g			0.9	0.4
Sugars, total	g			10.01	4.41
Minerals					
Calcium, Ca	mg			59	26
Iron, Fe	mg			1.43	0.63
Sodium, Na	mg			819	361
Vitamins					
Vitamin C, total ascorbic acid	mg			12.0	5.3
Vitamin A, IU	IU			749	330
Lipids					
Fatty acids, total saturated	g			0.499	0.220
Fatty acids, total trans	g			0.000	0.000
Cholesterol	mg			9	4

### Amino Acids

#### Other

#### **Ingredients**

COOKED LONG GRAIN RICE, WATER, SOY SAUCE (WATER, SOYBEANS, SALT, LACTIC ACID AND LESS THAN 1/10% SODIUM BENZOATE AS A PRESERVATIVE), COOKED WHITE CHICKEN (CHICKEN BREAST WITH RIB MEAT, WATER, SOY PROTEIN ISOLATE, 2% OR LESS OF SALT, SODIUM PHOSPHATE, MODIFIED FOOD STARCH, MALTODEXTRIN AND NATURAL FLAVOR),

USDA Branded Food Products Database

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Page 2 of 2 PINEAPPLE, BROWN SUGAR, BROCCOLI, CARROTS, LESS THAN 2% OR MODIFIED FOOD STARCH, CANOLA OIL, ORANGE JUICE CONCENTRATE, TOASTED SESAME SEEDS, GARLIC (WITH WATER AND CITRIC ACID), GINGER PUREE (GINGER, WATER, CITRIC ACID, POTASSIUM SORBATE), TOASTED SESAME OIL, HYDROLYZED WHEAT PROTEIN (WHEAT PROTEIN, SALT, AND MALTODEXTRIN), XANTHAN GUM, SPICE. Date Last Updated by Company: 05/18/2016